

Aging Gracefully and Comfortably for Dogs

Your Name: _____

Your Pet's Name: _____

The natural aging process can take a toll on dogs. These changes happen gradually and slowly and can be difficult to notice. You know your dog better than anyone and can help us identify subtle changes in behavior, habits, and activities. Together we can diagnose conditions - many of which can be managed, providing the best quality of life for your dog. Please check any of the below that you have noticed and provide any additional information that you would like us to know.

1. Tell us about changes you have seen in mobility and movement:

- No changes at all
- Stiff, slower or struggles to get up
- Repetitive circling before laying down
- No longer follows family members in home
- Walks are shorter, slower, or less frequent
- Slower on stairs, using stairs less often, or needs assistance on stairs
- Feet slide on wood or slippery floors
- Lying down or sleeping more
- Other: _____

2. How have sleep patterns changed:

- No changes at all
- Sleeps more hours per day
- Sleeps more soundly and can be difficult to wake
- Sleeps in different or unusual places
- Sleeps in new or different body positions
- Wakes frequently, vocalizes or paces at night
- Other: _____

3. Describe any changes in personality or mental state:

- No changes at all
- Less social, less interactive with family members
- More aloof, disoriented, stares off into space
- Wanders, paces, gets lost in home environment, gets stuck in odd locations, walks to the wrong side of the door
- Spends more time alone or in more secluded parts of the home
- Vocalizing or barking at night or randomly in an empty or dark room
- Grumpy or increased aggression
- Other: _____

4. Tell us about changes in house training:

- No changes at all
- Goes out to urinate more frequently and/or wakes at night to go out
- Forgets to ask to go out, urinary accidents
- Leaks urine during day, during night or when sleeping
- Has bowel movements in home or drops pieces of stool unconsciously when walking
- Other: _____

