

Aging Gracefully and Comfortably for Cats

Your Name: _____

Your Pet's Name: _____

The natural aging process can take a toll on cats. These changes happen gradually and slowly and can be difficult to notice as cats tend to hide their symptoms. You know your cat better than anyone and can help us identify subtle changes in behavior, habits, and activities. Together we can diagnose conditions - many of which can be managed, providing the best quality of life for your cat. Please check any of the boxes below that you have noticed and provide any additional information that you would like us to know.

1. Tell us about changes you have seen in mobility and movement:

- No changes at all
- Changes, difficulty or inability to jump on counters, cat trees, or furniture
- Changes or difficulty getting in and out of litter box or not using litter box consistently
- Slower on stairs or using stairs less often
- Lying down or sleeping
- Other: _____

2. How have sleep patterns changed?:

- No changes at all
- Sleeps more hours per day
- Sleeps in different or unusual places
- Sleeps in cooler or warmer places
- Sleeps in new or different body positions
- Vocalizing or pacing at night
- Other: _____

3. Describe any changes in coat quality, grooming or self-care:

- No changes at all
- Coat is less shiny, more greasy, dandruff present
- Fur seems to separate or mat
- Unable to keep rear end clean
- Increased grooming, hair loss
- Other: _____

4. Tell us about changes in personality or mental state:

- No changes at all
- More aloof, stares off into space
- Less social, less interactive with family members
- Spends more time alone or in more secluded parts of the home
- Grumpy or increased aggression
- Other: _____

5. Describe any changes in litter box habits:

- No changes at all
- Struggles to make trip to litter box location
- Struggles to get into litter box
- Urinates or defecates outside of litter box
- Other: _____

